



BLUE JAY CORNER

Christmas Break Incoming

By Abby Bradley

Thanksgiving break only lasts five days during the month of November. "Not a long enough break," many students would say. Three and a half weeks later after Thanksgiving break is winter break. These breaks are the closest throughout the whole school year. The days in between these holidays are very busy. Everyone is working hard to finish out the first semester with many finals for college classes and even high school courses.

Some strategies to help finish strong include getting enough sleep, eating right, or finding inspiration - music, a movie, or even a good

book.

Towards the end of every semester students become very stressed and in the winter some may even show symptoms of SAD, Seasonal Affective Disorder. SAD is depression that occurs at the same time every year.

Treatments for this disorder are physical activity for at least twenty to thirty minutes five days a week, going to therapy, taking prescribed medication, or getting help from a professional if the case grows to be worse.

As we rapidly approach the end of first semester and winter break, remember to take care of yourself and finish strong.

Planning for Europe

By Rachel Vogler

The Rock Port High School History Club is planning a trip to Scotland and Ireland in the spring of 2019. Last year the History Club traveled to Switzerland and Italy (May-June 2017).

Thomas Herron is passionate about sponsoring these trips after taking a trip to Europe when he was a Rock Port student. Currently there are seven students

and seven adults signed up to attend the 2019 trip to Scotland and Ireland.

To raise money for the trip, the History Club is planning on working concession stands and hosting potato bars. If needed they will also pursue other fundraising options. If you would like to attend the 2019 Scotland and Ireland trip contact Thomas Herron.

Have You Seen These Shoes In Rock Port Schools?

By Riley Vogler



This timid preschooler shows some of her personality with her cute dalmation sneakers. She has two older sisters and one younger brother. Who is this?



This junior got her trendy shoes from her older sister, who attends college at Missouri State. She played volleyball as a front row hitter and lettered. Who is this?



The owner of this gray wedge is Rock Port's favorite librarian. She has three children, two of which are in elementary. Her husband is also a teacher. She teaches Mass Media. Who is this?



This fifth grader works her multi-colored striped sneakers. She has long blonde hair. You have seen her appear in several plays at the local theater. She has one brother still in high school. He is a junior. Who is this?

Answers: Top left: Karmine Driskell, Top right: Abby Bradley, Bottom left: Miss. Skillen, Bottom right: Hodleigh Jones

Upcoming Events

- Dec 7: Auburn wrestling tri meet at 5:30
- Dec 8: JV/V basketball at Osborn at 5
- Dec 9: Polo wrestling tournament
- Dec 11: FFA blood drive at 2
- Dec 12: JV/V basketball at Jefferson at 5
- Dec 12: EA wrestling quad at 5
- Dec 13: Winter band and choir concert at 7

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Student newspaper of Rock Port R-II Schools | 600 S. Nebraska Street | Rock Port, Mo. 64482
Layout/Editors: Ashley Cue
Staff: Abbie Hale, McKenna Barnhart, Abby Bradley, Ashley Christian, Jentry Freemyer, Preston Jones, Jacie McMahon, Riley Vogler, Darius Skillen, Lauren Kelly, Makenna Farmer, Mackenzie Lager, Rachel Vogler

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Elementary student council students pose for a picture after selecting and cutting a Christmas tree for the elementary hall. Front: Tatum Vogler, Kiera Roup, Jacoby Driskell, Payten Shrader. Back: Desmond Chaney, Bracton Cook, Reed Miller, Cade Makings. Photo by Preston Jones.

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