

**RP RII Wellness Committee Meeting Notes**  
**8/22/23 1:00-1:30pm**

**Next Mtg Feb 2024**

Will complete and work with staff to do School Wellness Eval- using same program eval in next 2 months

Follow Up: Health Teachers for change in curriculum/ topics or anything new, Body Conditioning with Mr Gaines 6th and 7th hours

Parent Involvement & invites- good parent involvement with fun day and chapter reading days by Mrs. Mertens

Opa! Kitchen Meeting this week

Joey, Director of Nutritional Services, set up info and met with parents at Back To School Open House in cafeteria

- She was able to touch base with parents about food allergies
- Inform parents of menu apps
- And demonstrated how to review menus, looking for specific ingredients

The Blue Jay Cafeteria is using real trays and silverware again!

We welcome back Georgia Criger (in the kitchen) and new staff hired: Michelle Smith!

Epi- Pen training- All Staff//Discussing plan for seizure training requirement

Water Lead Testing

JH/ HS practices: Coaches making accommodations for heat- practice times, length, conditioning, football modifying pads/helmets, changing locations- to protect health of students

Recess time has also been modified according to heat temps- Dr Waigand sent out reminder to elementary staff on temp advisories

Elementary is trying some new things this year: Encouraging "Circle Up" time in classrooms, and starting "Blue Jay Family"

Elementary is looking into some extra activity promotions: things mentioned- Project fit, Play 60, Punt-Pass-Kick and/ or something to include Volleyball. Would like to include a HS team or organization. Maybe also some opportunities to involve businesses or parental involvement.

Wellness Challenges for staff/Biometric Screening

Wellness Committee Mtg

8-22-23

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Wendy Hays, RN

Shanna Farn

Steve Waigand

Gary Stevens

Juan Ellis